

## Hands & Feet

<b>Standard Manicure</b> Hand exfoliation, cut & file of nails, cuticle work, hand massage and application of a regular polish	£32
<b>Gel Manicure</b> Cut & file of nails, cuticle work, hand massage and application of gel polish. Lasting up to 14 days	£37
<b>Healing Hands Manicure</b> More than a manicure, this deluxe treatment includes everything from the regular manicure plus heated mitts	£40
<b>Standard Pedicure</b> Foot soak, foot file & exfoliation, cut & file of nails, cuticle work, foot massage and application of a regular polish	£34
<b>Gel Pedicure</b> Foot soak, foot file & exfoliation, cut & file of nails, cuticle work, foot massage and application of a gel polish	£39
<b>Foot Rescue Pedicure</b> Treat your hard-working feet to this luxury pedicure, includes everything from the standard pedicure plus heated booties.	£43
<b>File &amp; application of regular nail polish</b> Hands or feet	£23
<b>File &amp; application of Gel polish</b> Hands or feet	£29
<b>Gel Removal &amp; Tidy</b> *Free with reapplication of gels the same day	£10

## Men's Treatments

<b>Manicure</b> Hand exfoliation, cut & file of nails, cuticle work, hand massage	£27
<b>Pedicure</b> Foot soak, foot file & exfoliation, cut & file of nails, cuticle work, foot massage	£29
<b>Back or Chest wax</b>	£21

*All massages and facials are suitable for both men and woman*



January 2022



LANES  
HEALTH CLUBS

the  
Wellness  
rooms

## Treatment List

Open 7 days a week  
Telephone: 01903 857171



Fb.com/thewellnessroomsatlaneshealthclubs



@thewellnessrooms

## Massage

<b>Hot Stone Full Body Massage</b> Hot Stone Massage is used as a therapy for arthritis, stress & insomnia, but most of all it is a divinely relaxing and cleansing massage.	70m	£65
<b>Hot Stone Back, Neck and Shoulder Massage</b>	45m	£41
<b>Swedish Full Body Massage</b> A soothing massage to promote a deep sense of relaxation and harmony to the body and mind.	60m	£55
<b>Swedish Back, Neck and Shoulder Massage</b>	30m	£33
<b>Head Massage</b> A Relaxing massage including Face, scalp and top of shoulders	30m	£33
<b>Stimulating Leg and Foot Massage</b> A revitalising leg treatment using hot and cold to aid with circulation, perfect for those tired legs after a workout	30m	£33

*Courses available for all treatments 10% off a course of 6 treatments or 20% off a course of 12*

## Lashes and Brows

Lash Lift & Tint*	£38
Eyebrow Tint & Shape*	£20
Eyebrow Wax or Tint	£12
Eyelash Tint*	£17
Eyelash & Eyebrow Tint*	£24
Eyelash & Eyebrow Tint & Shape*	£35

*\*Complimentary Patch Test required 48hrs prior to treatment*

*Gift Vouchers available for all treatments*



Cancellation policy  
 Under 24 hours notice of cancellation 50% charge will apply  
 Under 2 hours or not attended 100% charge will apply

## Facials

<b>BeautyLab Anti Ageing Facial</b>	60m	£60
Our anti-ageing treatment used advance formulations and massage techniques to ease the appearance of fine lines, leaving skin looking and feeling radiant.		
<b>BeautyLab Glycolic Facial</b>	50m	£56
A visible lightening and brightening transformation for pigmented or congested skin, such as blemishes, age spots and sun damage.		
<b>BeautyLab Rejuvenating Eye Treatment</b>	30m	£38
Revitalise and recharge your eye area, using targeted massage techniques and peptides to reduce dark circles, puffiness and deliver visible line softening. Eyes are left looking bright, youthful and revitalised.		
<b>Express Facial</b>	30m	£35
<i>Add a BeautyLab Hand Treatment or Rejuvenating eye treatment to your facial for an extra £10</i>		

## Tanning

<b>St Tropez Spray Tan</b>	£25
<i>Please wear loose, dark clothing.</i>	

*Members receive 15% discount\* off all treatments*

*NHS workers receive 20% discount\* off all treatments*

\* Not to be used in conjunction with any other offer

## Waxing

<b>Full Leg</b>	£28
<b>Half Leg</b>	£19
<b>Bikini Standard</b>	£15
<b>Bikini Extended</b>	£19
<b>Brazilian</b>	£30
<b>Hollywood</b>	£33
<b>Underarm</b>	£13
<b>Forearm</b>	£19
<b>Lip or Chin</b>	£12
<b>Lip and Chin</b>	£17

*Combine any three waxing treatments and receive a 10% discount\*!*