

Hands & Feet

Standard Manicure Hand exfoliation, cut & file of nails, cuticle work, hand massage and application of a regular polish	£32
Gel Manicure Cut & file of nails, cuticle work, hand massage and application of gel polish. Lasting up to 14 days	£37
Healing Hands Manicure More than a manicure, this deluxe treatment includes everything from the regular manicure plus heated mitts	£40
Standard Pedicure Foot soak, foot file & exfoliation, cut & file of nails, cuticle work, foot massage and application of a regular polish	£34
Gel Pedicure Foot soak, foot file & exfoliation, cut & file of nails, cuticle work, foot massage and application of a gel polish	£39
Foot Rescue Pedicure Treat your hard-working feet to this luxury pedicure, includes everything from the standard pedicure plus heated booties.	£43
File & application of regular nail polish Hands or feet	£23
File & application of Gel polish Hands or feet	£29
Gel Removal & Tidy *Free with reapplication of gels the same day	£10

Men's Treatments

Manicure Hand exfoliation, cut & file of nails, cuticle work, hand massage	£27
Pedicure Foot soak, foot file & exfoliation, cut & file of nails, cuticle work, foot massage	£29
Back or Chest wax	£21

All massages and facials are suitable for both men and woman



Fb.com/LanesRustington



@LanesHealthClubs

LANES
HEALTH CLUBS

the
Wellness
rooms

Treatment List

Open 7 days a week
Telephone: 01903 857171

October 2021

Massage

Treatment	Time	Member Price	Non-Member Price
Hot Stone Full Body Massage Hot Stone Massage is used as a therapy for arthritis, stress & insomnia, but most of all it is a divinely relaxing and cleansing massage.	70m	£55	£65
Hot Stone Back, Neck and Shoulder Massage	45m	£36	£41
Swedish Full Body Massage A soothing massage to promote a deep sense of relaxation and harmony to the body and mind.	60m	£47	£55
Swedish Back, Neck and Shoulder Massage	30m	£28	£33
Head Massage A Relaxing massage including Face, scalp and top of shoulders	30m	£28	£33
Stimulating Leg and Foot Massage A revitalising leg treatment using hot and cold to aid with circulation, perfect for those tired legs after a workout	30m	£28	£33
Reflexology	60m	£50	£55

Lashes and Brows

Lash Lift & Tint*	£38
Eyebrow Tint & Shape*	£20
Eyebrow Wax or Tint	£12
Eyelash Tint*	£17
Eyelash & Eyebrow Tint*	£24
Eyelash & Eyebrow Tint & Shape*	£35

*Complimentary Patch Test required
48hrs prior to treatment

Gift Vouchers available
for all treatments



THE
gel
BOTTLES

Facials

Treatment	Time	Member Price	Non-Member Price
BeautyLab Anti Ageing Facial	60m	£53	£60
Our anti-ageing treatment used advance formulations and massage techniques to ease the appearance of fine lines, leaving skin looking and feeling radiant.			
BeautyLab Glycolic Facial	50m	£49	£56
A visible lightening and brightening transformation for pigmented or congested skin, such as blemishes, age spots and sun damage.			
BeautyLab Rejuvenating Eye Treatment	30m	£33	£38
Revitalise and recharge your eye area, using targeted massage techniques and peptides to reduce dark circles, puffiness and deliver visible line softening. Eyes are left looking bright, youthful and revitalised.			
Express Facial	30m	£30	£35
Add a BeautyLab Hand Treatment or Rejuvenating eye treatment to your facial for an extra £10			

Tanning

St Tropez Spray Tan	£25
Please wear loose, dark clothing.	

Courses available for all
treatments

10% off a course of 6
treatments

or 20% off a course of 12

BEAUTYLAB[®]
LONDON

Waxing

Full Leg	£28
Half Leg	£19
Bikini Standard	£15
Bikini Extended	£19
Brazilian	£30
Hollywood	£33
Underarm	£13
Forearm	£19
Lip or Chin	£12
Lip and Chin	£17

Combine any three waxing treatments
and receive a 10% discount!