

Nails

Standard Manicure	£32
Standard Pedicure	£34
Gel Manicure	£37
Gel Pedicure	£39
File and Polish	£23
File and Gel Polish	£29
Gel Removal & Tidy	£10
Gel Removal when booking with another set	Free

Waxing

Full Leg	£28
Half Leg	£19
Bikini Standard	£15
Bikini Extended	£19
Brazilian	£30
Hollywood	£33
Underarm	£13
Forearm	£19
Chest or Back	£21
Eyebrow	£12
Lip or Chin	£12
Lip and Chin	£17

Combine any three waxing treatments and receive a 10% discount!

Lashes and Brows

Lash Lift & Tint*	£38
Eyebrow Tint & Shape*	£20
Eyebrow Tint*	£12
Eyelash Tint*	£17
Eyelash & Eyebrow Tint*	£24
Eyelash & Eyebrow Tint & Shape*	£35

*Complimentary Patch Test required 24hrs prior to treatment

Tanning

Express Exfoliation	£18
St Tropez Spray Tan	£25

Please wear loose, dark clothing.

For Treatment Bookings please contact The Wellness Rooms at Lanes Health Clubs or telephone **01903 857171**



Fb.com/LanesRustington



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LANES
HEALTH CLUBS

the
Wellness
rooms

Treatment List

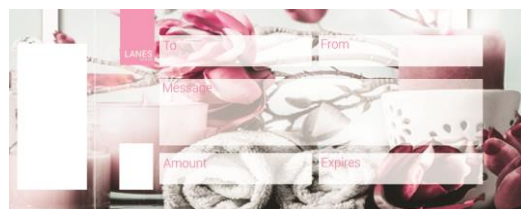


Massage for Health

Treatment	Time	Member Price	Non-Member Price
Hot Stone Full Body Massage	70m	£55	£65
Hot Stone Massage is used as a therapy for arthritis, stress & insomnia, but most of all it is a divinely relaxing and cleansing massage.			
Hot Stone Back, Neck and Shoulder Massage	45m	£36	£41
Swedish Full Body Massage	60m	£47	£55
Swedish Back, Neck and Shoulder Massage	30m	£28	£33
Head Massage	30m	£28	£33
Stimulating Leg and Foot Massage	30m	£28	£33
Reflexology	60m	£50	£55

Courses available for all treatments, purchase a course of 6 and receive 10% discount or a course of 12 for 20% discount

Gift Vouchers are available for all treatments just ask at reception.



Facials

Treatment	Time	Member Price	Non-Member Price
BeautyLab Anti Ageing Facial	60m	£53	£60
Our anti-ageing treatment used advance formulations and massage techniques to ease the appearance of fine lines, leaving skin looking and feeling radiant.			
BeautyLab Glycolic Facial	50m	£49	£56
A visible lightening and brightening transformation for pigmented or congested skin, such as blemishes, age spots and sun damage.			
BeautyLab Rejuvenating Eye Treatment	30m	£33	£38
Revitalise and recharge your eye area, using targeted massage techniques and peptides to reduce dark circles, puffiness and deliver visible line softening. Eyes are left looking bright, youthful and revitalised.			
Express Facial	30m	£30	£35
<i>Add a BeautyLab Hand Treatment or Rejuvenating eye treatment to your facial for an extra £10</i>			
<i>For best results and a 10% discount, a course of 6 treatments is recommended</i>			

Hands and Feet

Foot Rescue Pedicure	70m	£43	£51
Treat your hard-working feet to a warm Himalayan rock crystal mineral soak and exfoliation to revitalise the skin. This deeply relaxing treatment is completed with a soothing mask, massage, cuticle work, file and polish.			
Healing Hands Manicure	70m	£40	£48
More than a manicure, this deluxe treatment combines a hand massage and scrub with a Jessica treatment mask. Followed by nail and cuticle work and a file and polish.			

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