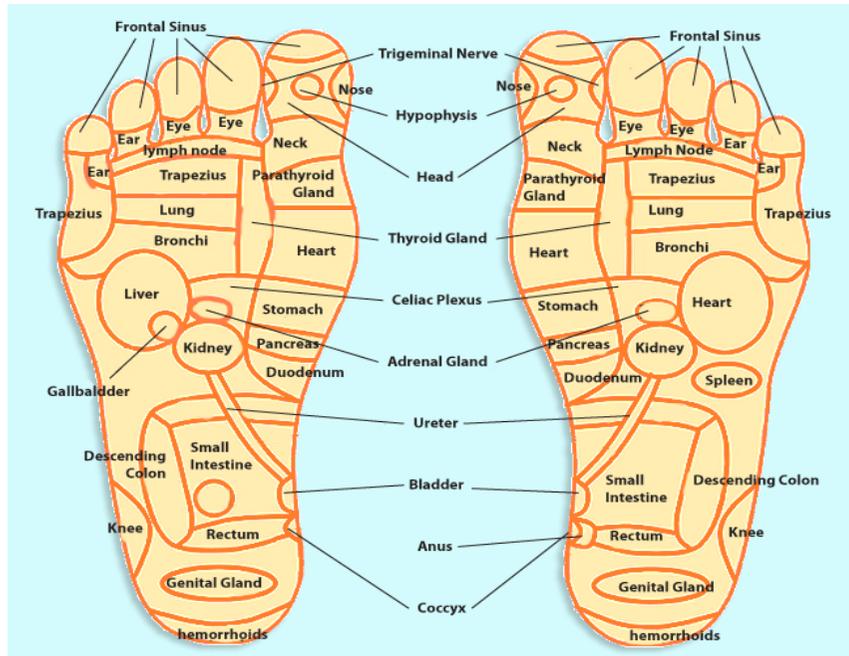


THE TREATMENTS

Initial Consultation and Treatment	50 min	£50
Chiroprody	40 min	£40
Reflexology	50 min	£50

20% discount on a course of 12



Chiropr^opodist

PODIATRIST

And Reflexologist



Vicki Lloyd

To make an appointment please
contact Vicki directly on

07944 040996

Cancellation policy: 24hr notice or the full amount will be charged. Please contact Vicki directly to cancel / re-arrange any appointments made. Payments to be made at Lanes Reception.

Meet the Therapist

Vicki Lloyd obtained a First-Class Honours Degree in Podiatry at Northampton University in the year 2000 and has worked both privately and within the NHS. There's no difference between a podiatrist and chiropodist, but Podiatrist is a more modern name. Podiatrists are health care professionals who have been trained to diagnose, treat and prevent abnormal foot conditions of the foot to keep people mobile and active. You may want to see a Podiatrist for advice and treatment if you have painful feet, thickened or discoloured toe nails, corns, callus or cracks in the skin.

Vicki will complete a consultation about your health and lifestyle to enable her to customize your foot therapy treatment



Chiropody

At your first consultation Vicki will take a full medical history and carry out basic tests such as checking the blood circulation and feeling in your feet. She will discuss your concerns and then make a diagnosis and treatment plan. Usually any minor problems that are picked up can be treated on the spot including the removal of hard skin, corns and calluses.



Reflexology

Reflexology is a complementary health therapy, based on the theory that different points on the feet, correspond with different areas of the body. Vicki uses pressure manipulation using her hands and wooden tools to stimulate reflex points, which will stimulate the flow of energy to the corresponding body part. This gradually helps to restore homeostasis and stimulate the body's ability to heal itself, physically and emotionally. Reflexology is used for a range of conditions including, stress, anxiety, headaches, arthritis, insomnia, digestive problems and back pain