



THE WELLNESS ROOMS

MON: 12-8PM | TUES & WEDS: 10AM-8PM | THURS & FRI: 10AM-6PM | SAT 9AM-5PM | SUN: CLOSED

MASSAGE FOR HEALTH

Book a course of 12 Massages for a 20% discount or 6 for a 10% discount

DIVINE HOT STONE

£52 - Lanes Members | £62 - Non-Members

70 mins

Hot stone massage is used as a therapy for arthritis, stress and insomnia, but most of all it is a divinely relaxing and cleansing massage that warms the soul.

ORIENTAL MASSAGE

£52 - Lanes Members | £62 - Non-Members

70 mins

This Oriental hot oil full body massage combines gentle stretching with Thai, Indian & Balinese massage techniques. A unique experience - this massage is the next best thing to being on a tropical beach!

SOOTHING MASSAGE

£44 - Lanes Members | £52 - Non-Members

60 mins

Immerse yourself in soothing organic body oils to promote a deep sense of relaxation in the body and mind. A great way to de-stress and bring yourself back into harmony.

BACK, NECK & SHOULDER

£24 - Lanes Members | £29 - Non-Members

30 mins

A back, neck and shoulder massage with a difference - with optional arm stretching at no extra cost. An express treatment for anyone who has tension in the back.

STIMULATING FOOT & LEG

£24 - Lanes Members | £29 - Non-Members

30 mins

Ease away stresses and strains with this stimulating and detoxifying thigh, leg and foot massage. Includes exfoliation, a lymphatic drainage massage, ice mitts and a warm towel wrap.

MASSAGE ADD ON'S

Why not add some additional time to your massage for that extra special treat...

Add on Head, Face & Scalp: £20 - 25 mins
Add on Stimulating Leg & Foot: £20 - 25 mins
Add on 30 minutes extra massage: £22
Add on 60 minutes extra massage: £35

BODY TREATMENTS

HEAVENLY PAMPER

£80 - Lanes Members
£96 - Non-Members

110 mins

Relax and unwind with this perfect treat that uses organic products to bathe your senses. Enjoy a luxurious lemongrass full body exfoliation, cleansing green tea body wrap and soothing full body massage.

COCONUT COCOON

£44 - Lanes Members
£52 - Non-Members

60 mins

Ideal for dry and dehydrated skin. Wild rose body polish, warm organic coconut oil and shea butter are applied to intensely moisturise and hydrate your skin. You will then be cocooned in an organic linen blanket while enjoying a rejuvenating scalp massage.

ANTI-AGEING FACIAL

£49 - Lanes Members
£56 - Non-Members

60 mins

This anti-ageing treatment uses advanced formulations and massage techniques to ease the appearance of fine lines, leaving skin looking and feeling radiant. Includes a cleanse, exfoliation, massage, and mask.

Add an Anti-Ageing or Glycolic Hand Treatment to your facial for an extra £9 / 15 mins

GLYCOLIC FACIAL

£45 - Lanes Members
£52 - Non-Members

50 mins

A visible transformation to lighten and brighten pigmented or congested skin. Targeting specific skin conditions such as blemishes, age spots and sun damage. GLYCOLIC from Beauty Labs is a unique skin resurfacing treatment.

EXPRESS EXFOLIATION

£27 - Lanes Members | £32 - Non-Members

30 mins

EXPRESS FACIAL

£27 - Lanes Members | £32 - Non-Members

30 mins

For optimal results and a 20% discount, a course of 6 facial treatments is recommended
All Facials are suitable for all skin types.



HANDS AND FEET

FOOT RESCUE PEDICURE

£40 - Lanes Members
£48 - Non-Members

70 mins

Treat your hard working feet to a warm Himalayan rock crystal mineral soak and fresh lemon exfoliation to revitalise the skin. This deeply relaxing and natural treatment is completed with a soothing mask, massage, cuticle work, file and polish

Add Gel Polish Finish - £6

HEALING HANDS MANICURE

£40 - Lanes Members
£48 - Non-Members

70 mins

More than a manicure, this luxurious treatment combines a healing hand massage, organic scrub, soak, mask and oil, with either uplifting lemongrass or soothing wild rose. Includes nail and cuticle work, file and polish to leave your hands truly pampered

Add Gel Polish Finish - £6

JUST NAILS

Standard Manicure 50m £30
Standard Pedicure 50m £30
Standard with Gel 70m £36
File & Polish 30m £20
File & Gel 40m £28
Gel Removal 30m £12
Gel Removal & Other Service 30m £6

TANNING

Spray Tan 25m £22
Please wear loose, dark clothing

WAXING EYES

Full Leg	45m	£25	Lash Lift	70m	£35
1/2 Leg	25m	£16	Eyebrow Shape	10m	£10
Bikini	15m	£12	Eyebrow Tint	20m	£9
Bikini Extended	20m	£16	24 hr Patch Test Required		
Brazilian or Hollywood	45m	£30	Brow Tint & Tidy	20m	£15
		£10	24 hr Patch Test Required		
Underarm Forearm	15m	£16	Eyelash Tint	30m	£14
	25m		24hr Patch Test Required		
Chest Back	20m	£18	Lash & Brow Tint	30m	£20
	20m	£18	24hr Patch Test Required		
Lip or Chin	15m	£9			
Lip and Chin	20m	£14			

For treatment bookings please contact the Spa Reception or telephone 01903 859777

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